

PLAN, CREATE, FINISH

90 day productivity planner

THIS TIME YOU WILL
FINISH THAT PROJECT
WITH EASE AND FLOW

Emma Isaacs

PLAN, CREATE, FINISH



Not only am I dyslexic, but I found out when I turned 40 that I'm ADHD too. So how did I design for 20 years for international greetings and manage large high street accounts without knowing?

I've always been a huge lover of pen & paper, journals, calendars, post it notes galore. Yes, that soon got ridiculous when I started working for myself.

I was now a Creative coach, freelancer, lecturer, and a podcaster. I get asked all the time, how do you do it all and with two small children too.

Listen here if you want to hear a bit more about me

<https://www.emmaisaacs.co.uk/podcast-1/episode/19b1771f/get-paid-for-being-you>

I've always set a huge task way into the future, told everyone and then worked backwards even before learning about 90 days. When I ran the marathon, went backpacking for year to 4 continents and even working towards coaching, I always told people way before I was ready. I created a way to manage my tasks and break them done into bite sized daily goals so I could chip away each day.

Good bye hustle and burnout, hello flow and ease!

I know this takes time, but trust me, print this out and spend time writing it all out now and the tomorrow you will be so smug and confident!

The path to success or failure is the same path, you've just got to stay on it!

I'm here to help you do just that so there's less time for the boring hard stuff and more time for joy and actually creating! Let me know how it's going for you!

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Just know I've got your back

Emma Isaacs

Brain Dump

This image shows a full-page view of a handwriting practice sheet. It consists of multiple rows of horizontal dashed lines on a white background. Faint, stylized illustrations of clouds and raindrops are scattered across the page, providing a thematic backdrop for the writing practice. The layout is clean and designed for educational use.

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Hocus Pocus Focus

See what I did there? The magic really happens when we get clear on our goals and worked out what can wait.

Name your 90 day project
(Just for you and your team)

Save the date

3 is the magic number

Now decide on 3 of your biggest goals that would truly push your business forward. Be honest not all of these are going to be fun, there will be projects that you've put off for months.

The power of 3 is huge, I used to have a massive to do list that just didn't get done. Your lists should only have things to chip away each day! The more you have on your list the less you will actually get done!

Pomodoro Method

I talk about this a lot with my clients, set a timer and yes this means not having social media, emails and other distractions and only check them once you have got one of your tasks done.

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Monthly Goal

MONTH 2

WEEK ONE _____

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WEEK TWO _____

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WEEK THREE _____

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WEEK FOUR _____

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PLAN, CREATE, FINISH

Monthly Goal

MONTH 2

WEEK ONE _____

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WEEK TWO _____

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WEEK THREE _____

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WEEK FOUR _____

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Monthly Goal

MONTH 3

WEEK ONE _____

Date

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WEEK TWO _____

Date

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WEEK THREE _____

Date

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WEEK FOUR _____

Date

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PLAN, CREATE, FINISH

Chip Away Each Day

SUNDAY

1

2

3

MONDAY

1

2

3

PLAN, CREATE, FINISH

Chip Away Each Day

TUESDAY

1

2

3

WEDNESDAY

1

2

3

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Chip Away Each Day

THURSDAY

1

2

3

FRIDAY

1

2

3

PLAN, CREATE, FINISH

Chip Away Each Day

SATURDAY

1

2

3

SELF CARE NON NEGOTIABLES

1

2

3